

## PROFESSIONAL DISCLOSURE STATEMENT

***Aaron K. Potratz, LPC MA CADC-I***

12250 SW 2<sup>nd</sup> St., Ste A-103

Beaverton, OR 97005

(971) 222-8166

**Philosophy & Approach:** I believe that counseling is a process to provide insight and understanding in order to improve your life. It is my desire to join with you as a collaborative team, cooperatively setting and working towards counseling goals. While I may provide some advice or direction, it is my intention that as we explore your feelings, choices, and goals, we will discover together the most appropriate and healthy decisions to for your life. I also recognize that you live within various systems (family, work, culture) that impact your life in different ways, and that counseling must include these components in the process.

I utilize Contextual, Cognitive-Behavioral, and Family Systems techniques in the counseling process. I will work with you on concrete thoughts and actions, and impacts of relationships, compassionately helping to make effective changes towards your goals.

As a Christian counselor, I believe that there is a spiritual aspect of life that should be recognized and included, in addition to the psychological and physiological aspects of counseling. I will seek to provide spiritual guidance when appropriate and only with your fully informed consent.

**Education & Training:** I hold a Bachelor of Arts degree in Psychology from Seattle Pacific University and a Master of Arts in Marriage and Family degree from George Fox University. I am also a Certified Drug & Alcohol Counselor in the state of Oregon.

My graduate coursework has included: Human Growth and Development, Personality and Counseling Theory, Psychopathology, Advanced Marriage & Family Therapy, Individual Counseling, Addictions (Drugs, Alcohol, and Sexual), Professional Ethics, and Counseling Supervision.

**License Information:** As a Licensed Professional Counselor (LPC) of the Oregon Board of Licensed Professional Counselors and Therapists (OBLPCT), I will abide by its Code of Ethics. Additionally, I am required to complete and document 40 hours of Continuing Education (CE) every two years, focusing on increasing knowledge and/or skills in areas such as theory and techniques of counseling/therapy, DSM diagnosis and assessment, and professional ethics.

**Fees, Payment, Insurance, & Cancellations:** Appointments are billed at \$100 per 50-minute session. Payments are due at the time of service. Accepted forms of payment are cash, checks, and debit/credit cards (plus \$1 fee per transaction). Insurance is not accepted at this time. Twenty-four hours notice is required for all cancellations. Failure to show up for an appointment or appointments cancelled in less than 24 hours will be charged at the full session rates stated above.

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**Client Bill of Rights:** The following client rights have been established by the Oregon State Board of Licensed Professional Counselors and Therapists [OAR 833-60-0001(4)(h)].

Consumers of counseling or therapy services offered by Oregon licensees have the right:

1. To expect that a licensee has met the minimal qualifications of training and experience required by state law;
2. To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
3. To obtain a copy of the Code of Ethics;
4. To report complaints to the Board;
5. To be informed of the cost of professional services before receiving the services;
6. To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
  - a. Reporting suspected child abuse;
  - b. Reporting imminent danger to client or others;
  - c. Reporting information required in court proceedings or by client's insurance company, or other relevant agencies;
  - d. Providing information concerning licensee case consultation or supervision; and
  - e. Defending claims brought by the client against the licensee.
7. To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board at the following address and phone number:

Oregon Board of Professional Counselors and Therapists  
3218 Pringle Road SE, Suite 250  
Salem, OR 97302-6312  
503.378.5499

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**Client Signature**

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**Date**

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**Others' Signature**

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**Date**

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**Date**